



# June 3, 2018

## The Body and Blood of Christ

### UPCOMING DATES

Wed June 6, St. Elizabeth Guild Meeting 1 PM  
 Wed June 20, Finance Committee Meeting 4 PM  
 Tues June 26, St. Colman Guild Meeting 12 PM

### PRAY FOR OUR BROTHERS & SISTERS

**Who are ill or in pain:** Keith Poulsen, Kathleen Sheridan, Sister Gabrielle, Virginia Loosli, David Cross, Helen Johnson, Billy Henthorn, Steve Arcia, Jim & Mary Crowther, Lorelie Fulwider, Fr. Andrew Metcalf, JoAnn Coules, Dinah Smith, Lorna Marie Hastings, Laverne Jones, Joanne & Bill Rodgers, John Breig, Linda Schmidt, Michell Jackson, Degi Milko, Jim Ward, Nini Sanchez, Jacqueline Donovan, Art McNulty, Terry Devlin, Kathy Cissell, Mary Hall Smith, Stan Moorman, Maggie Nelson, Stella Dunne, George Ayoob, Nina Cantacessi, John Hoffman, Mary Tamargo, Don La Plante, Sarah & David, Ed Fulwider, Vicki Gonzalez, Jesus Chavez Torres.

**Who have been called to Eternal Life:** Carole Williams, Fr. Philip Ryan, Joseph Kobler, Rebecca Jane Ruiz, Janine Bekker Carrig, Margie Sanchez, Glenna Enorme Schutz, Matthew Gonzalez, Billy Ferree, Tom King, Tom Kelly, Axel Avera, Victor Theander, John Sanchez, Don Covello.

### PARISH DONATIONS

Period reflected: May 26 – May 27

St. Elizabeth 1 <sup>st</sup> collection	\$1,689.00
St. Elizabeth 2 <sup>nd</sup> collection	\$408.00
St. Catherine 1 <sup>st</sup> collection	\$410.00
St. Catherine 2 <sup>nd</sup> collection	\$120.00
St. Colman 1 <sup>st</sup> collection	\$449.00
St. Colman 2 <sup>nd</sup> collection	\$129.00

*Thank you for your generosity!* \$3,205.00

*On the 5th Sunday of a month, the 2nd collection will benefit the St. Vincent de Paul Society.*

### Have you remembered the St. Elizabeth church in your will?

**To be placed on our Sunday Bulletin email list, send your request to: [ChurchElizabeth@comcast.net](mailto:ChurchElizabeth@comcast.net)**

The deadline for Bulletin submissions is Wednesday at 5pm. Submit them (proofread and spell-checked) via email or the following meetings at St. Hubert's Hall:

### MASS INTENTIONS

**Sat. 4 pm:** Msgr. William Hyns<sup>+</sup>  
**Sat. 5 pm:** Peter Kiep & Betty Campbell [intention]  
**Sun. 9 am:** Howard & Bernadette Kidde [health] requested by Mark Van Doren. Francisco Lomeli, Aurelia Delgado<sup>+</sup> requested by Josefina & Jose Robles.  
**Sun. 11 am:** Betty Gluch<sup>+</sup>  
**Tues 9 am:** Francisco Lomeli: Aurelia Delgado<sup>+</sup>, Ester Jane Vano<sup>+</sup>.  
**Wed-Fri 9 am:** Ester Jane Vano<sup>+</sup>

### READINGS

*Ex 24: 3-8*  
*Ps 116: 12-13. 15-16. 17-18*  
*Heb 9: 11-15*  
*Optional Sequence* Lauda, Sion  
*Mk 14: 12-16. 22-26*

### LITURGICAL MUSIC CORNER

*by our Music Director, Rebecca Brown*

**June 3rd: The Most Holy Body and Blood of Christ**  
*"I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever."*

Processional Hymn: Table of Plenty BB # 310  
*Gloria in excelsis Deo, gloria, gloria!*  
*Gloria in excelsis Deo, et in terra, terra pax.*  
*Psalm 116: I will take the cup of salvation and call on the name of the Lord.*  
 Preparation of Gifts: So Beautiful ss  
*So beautiful, so wonderful, so beautiful your sacrifice.*  
 Communion: Take and Eat BB # 361  
 Recessional: Sing of the Lord's Goodness BB # 561  
 BB: Breaking Bread Hymnal SS: Song sheet

*The Feast of the Body and Blood of Christ, also called Corpus Christi, was instituted in 1264 by Pope Urban IV. The church teaches that Christ is present, Body, Blood, Soul and Divinity, in the Holy Eucharist.*

### PASTOR'S DESK

This weekend we celebrate the **Feast of the Body and Blood of Christ**. And last Sunday we started the mass outside at St. Coleman and I just wanted to thank those folks who prepared and maintained the outside surrounding.

This week in all the masses we have visitors who are lay ministers that minister to the Hispanic community, Veronica Sanchez and Jennifer Munguiz. They will talk about their ministry as well as they are selling their magazines for \$5.00 to help fund their missionary work. Please welcome them and support them in their ministry.

A chapter in one of the best-loved cookbooks begins with these comforting words: **"Satisfy your soul with a little down-home comfort food."** The book offers recipes for those classic comfort food dishes like meatloaf, macaroni and cheese and other American favorites. I'm sure you have a least one dish in that category. Psychologists tell us there is science behind the "comfort food" phenomenon. ***Rather than arising from a childhood memory of dinner at grandma's house, researchers found that persons consumed certain comfort foods to change emotions, relieve negative psychological effects or to increase positive feelings.***

Jesus said that the gift of His Body and Blood was the true food of life. The food and drink of this earth are only mirrors of the true Food of Life. Spiritual food is true food because it is unchanging and eternal. And that is our **Ultimate Comfort Food** -- *guaranteed to transform negative emotions into positive action.*

*Philippe Vernier* was a man devoted to Christ. Imprisoned by the Nazis during World War II he endured every form of indignity. And yet he kept the faith and he survived. An American officer who visited with him said the experience was the greatest inspiration of his life. Later Vernier wrote the officer a letter in which he said:

*If you are a disciple of the Master, it is up to you to illumine the earth. You do not have to groan over everything the world lacks; you are there to bring it what it needs: the Bread of Life. Where hatred, malice and discord reign in the world, you will put love, pardon and peace. For lying you will bring truth; for despair, hope; for doubt, faith; where sadness is, you will bring joy. If you are in the smallest degree the servant of God, all these virtues of the Bread of Life you will carry with you. Do not be frightened by a mission so vast. It is not really you who are charged with the fulfillment of it. You are only the torch-bearer. The fire within you, even if it burns you, is never lit by you. It uses you as it uses the oil of a*

*lamp. You hold it, feed it, carry it around; but it is the fire of the Christ Spirit that works, that gives light to the world, and to yourself at the same time ... Do not be the clogged lantern that chokes and smothers the light; do not be the lamp hidden under a bushel, timid or ashamed. Flame up and shine before men; lift high the fire of God.*

No need for us to groan over what the world lacks. We rejoice, as the Early Christians rejoiced, that we have the power within us to fill that need. What the world needs now is to see the fire of God's Love flaming up in Christ's women and men. What the world needs now is the shining example of women and men who, moment-by-moment and day-by-day, partake of the Bread of Life.

In a sense, we are all born worried. We all experience that built-in anxiety about our life: the natural hunger for the real truth -- about our own destiny and our loved ones' destiny and the world's destiny -- the natural hunger for an inner-peace without which we are unable to discern our life's true purpose in God's Grand Design. And to whatever degree we can identify with the experience of the Apostles in today's Gospel Lesson, we can satisfy those hungers. For in a very real sense we are all "Born to Love."

On the night before He died, Jesus sat at table with the Apostles for the Passover meal. "And as they were eating, He took bread, and blessed and broke it, and gave it to them, and said, "Take it, this is My Body"" (Mk. 14:22).

PEACE AND BLESSINGS!

Fr. Luis

### ANNOUNCEMENTS

Today is the St Elizabeth Guild's annual rummage sale from 9am to noon. Please come by and check it out!

Save the Date! The 107th Annual Monte Rio Variety Show will be held on Thursday, July 26th 2018 at the Monte Rio Amphitheatre. Each year our church receives between \$10,000 and \$25,000 in net proceeds from this event. Our planning is now underway. And since our event likes to pair really good entertainment with really fine wine, we would appreciate any donations of such fine wine for our no-host wine bar. If you have any questions, please contact Michele McDonell at 707-486-1739 / [info@monterioshow.org](mailto:info@monterioshow.org). Looking forward to seeing you at this legacy event!